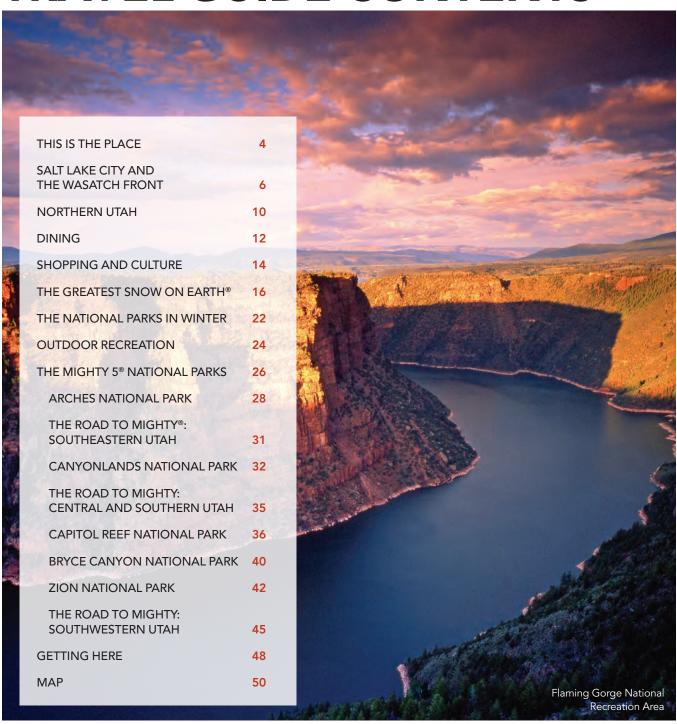


TRAVEL GUIDE CONTENTS



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Salt Lake hasn't always been the rich and vibrant urban center it is today. It hasn't always had 2,000 restaurants, 200 bars, 150 hotels, or 19 distinctly unique neighborhoods and shopping districts. But being nestled between two towering mountain ranges, Utah's capital has always been the American West's city with the most stunning views and picturesque backdrops. Come explore Salt Lake and all it has to offer on your next Western U.S. vacation.



A cosmopolitan city surrounded by breathtaking mountain vistas, Salt Lake City is the urban heart of Utah's thriving Wasatch Front. Utah's capital city combines upscale amenities with easy access to outdoor adventure, making it the ideal city to visit on your Utah holiday.

UPSCALE URBAN

Salt Lake City boasts a vibrant dining and nightlife scene, where modern American cuisine and inventive cocktails provide a perfect ending to a day of outdoor fun. Named one of America's 5 New Foodie Cities by Wine Enthusiast magazine (2014), Salt Lake City serves up a diverse and distinctive menu of culinary options. Local farm-to-table choices, for example, include Pago, HSL, The Copper Onion, Pallet and Em's Restaurant. The city is also known for award-winning breweries like Squatters, Uinta and Red Rock as well as distilleries such as Sugar House Distillery and Beehive Distilling. Visit hip downtown destinations like Whiskey Street, Copper Common, Under Current and "Modern Family" actor Ty Burrell's Bar-X and Beer Bar.



OUTDOOR ADVENTURE

It's hard to find a cosmopolitan city more perfectly situated for outdoor fun. Salt Lake City is minutes away from hundreds of miles of hiking trails and less than an hour from 10 ski resorts. A few resorts, which offer both winter and warm-weather fun, are as close as 30 minutes from downtown. And just 45 minutes up the canyon is Park City, the only International Mountain Biking Association-Certified Gold Level mountain biking city in the United States and home to the Deer Valley and Park City Mountain resorts.

For more outdoor adventure, hike among the free-roaming herds of bison or take a float off of Antelope Island - Great Salt Lake's largest island and one of Utah's 43 incredible state parks. Afterwards, head to the Bonneville Salt Flats to view the famous World of Speed racing events or photograph the surreal Great Basin Desert terrain.





HERITAGE AND CULTURE

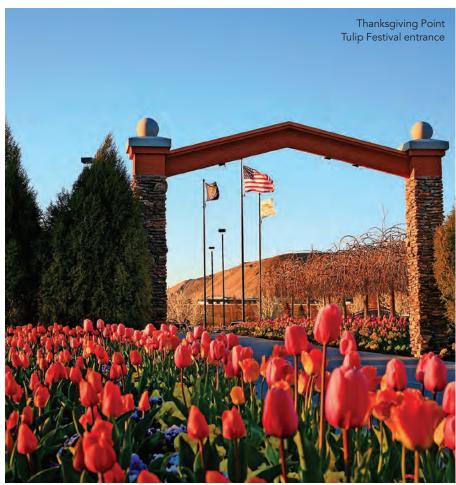
The centrepiece of Salt Lake City is historic Temple Square. View the square's impressive buildings, which are home to the world headquarters of the Church of Jesus Christ of Latter-day Saints (commonly known as Mormons) and the largest genealogical library of its kind in the world. Enjoy a free walking tour of the area – available in 40 languages – or attend a free concert by the world-renowned Mormon Tabernacle Choir. Salt Lake City is also home to numerous arts and cultural institutions. The Salt Lake Connect Pass offers admission to more than a dozen of the city's most popular attractions, such as Clark Planetarium, the Natural History Museum of Utah, The Leonardo museum, and many more. Additional information can be found at www.visitsaltlake.com.





Overlooking Park City





THE WASATCH FRONT

Salt Lake City is conveniently located midway along the Wasatch Front - Utah's 100-milelong (160 km) metropolitan corridor in Northern Utah. Made internationally famous during the 2002 Winter Olympics, the Wasatch Front is home to ten world-class ski resorts, dynamic cities and unlimited year-round outdoor adventure. Here is a snapshot of top cities and attractions along the Wasatch Front:

Fans of professional sports can catch a Utah Jazz basketball game at the Vivint Smart Home Arena in downtown Salt Lake City, or lovers of the beautiful game of soccer (or should we say, football) can travel south to sing and chant alongside fans of Real Salt Lake at a Major League Soccer match in Sandy.

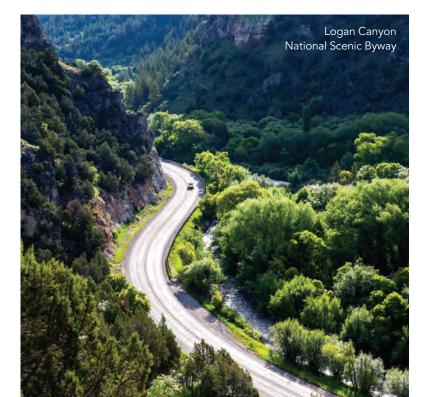
Farther south, appreciate exotic and native Utah ecosystems at the Living Planet Aquarium in Draper, home to more than 450 species. Continuing south to Lehi, stroll among the gardens and visit the shops and museums at Thanksgiving Point.

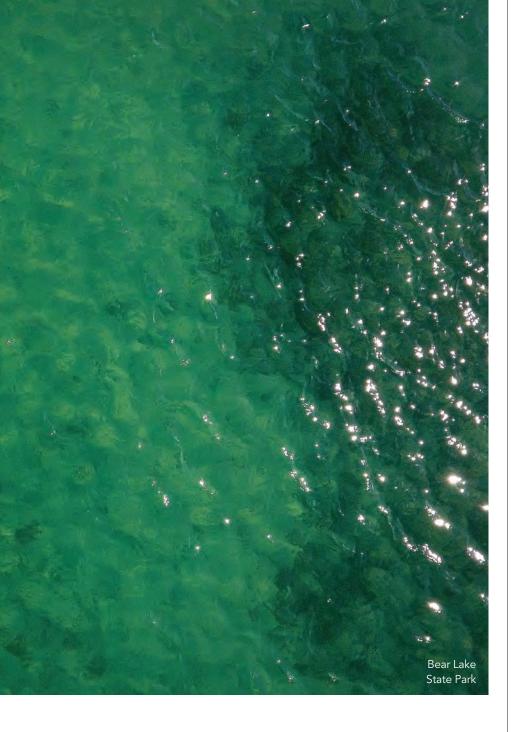
Provo and Orem, at the southern end of the front, offer easy access to Sundance Mountain Resort and Mount Timpanogos as well as Provo Canyon's fly fishing, hiking and skiing.

North of Salt Lake City, historic Ogden offers visitors a burgeoning downtown nightlife. Settled by mountain men before the Mormons arrived in Salt Lake City, Ogden prides itself on feeling a little set apart from the rest of Utah. This is the place to find locally roasted coffee, craft breweries, farm-to-table cuisine and extensive recreation including Weber River tubing, a restored urban river waterfront and iFLY indoor skydiving.

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Northern Utah is the place to discover vibrant cities such as Salt Lake City, Park City, Ogden and Provo. It's also the place to find much of The Greatest Snow on Earth®, with worldclass skiing and adventure sports. But great cities and great snow are just the beginning.



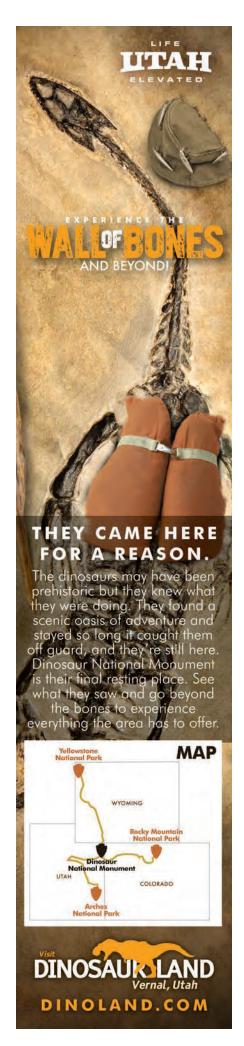


Go backpacking in the Ashley National Forest, stopping to camp by alpine lakes at elevations up to 13,500 feet (4,100 m). The forest is also home to the spectacularly beautiful Flaming Gorge National Recreation Area. Famous for its trout fishing, Flaming Gorge offers a host of recreational options - from hiking and camping to waterskiing and powerboating on the reservoir or rafting and fly fishing on the emerald waters of the Green River, all while surrounded by towering red cliffs.

The charming community of Vernal serves as a gateway to Ashley National Forest as well as Utah's dinosaur country, earning it the nickname of Dinosaurland. Home to one of the largest quarries of prehistoric Jurassic dinosaur bones,

Vernal is located just minutes from Dinosaur National Monument. Visit the Dinosaur Quarry Exhibit Hall to view 1,500 dinosaur bones, then examine ancient petroglyphs carved by the Fremont people, then embark on a nearby whitewater rafting adventure.

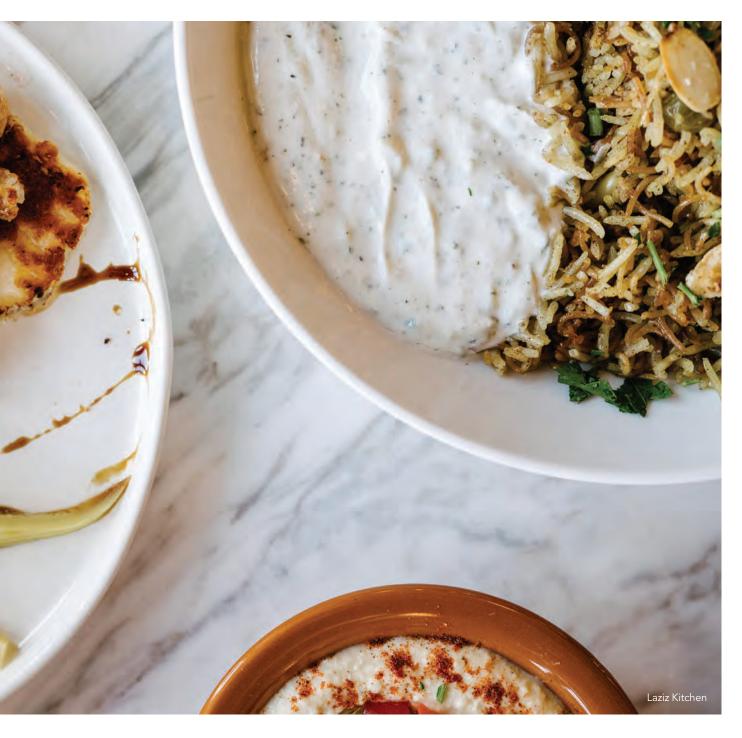
For more outdoor action, go hiking and fishing in the Uinta Mountains. Swim, sail and water ski the brilliant blue waters of Bear Lake on Utah's state border with Idaho. Or take a 1.5-mile (2.4 km) hike up 1,000 feet (304 m) to explore Timpanogos Cave National Monument, just south of Salt Lake City. With stalactites, stalagmites, "draperies" and countless other geological formations, Timpanogos offers a one-of-a-kind experience that's worth the effort.











DINING

Utah is fast becoming known as a foodie's paradise. From charming bistros and award-winning culinary hotspots to hip, downtown distilleries, Utah's dining and nightlife offer diverse and delectable options for every palate.

The Copper Onion, in Salt Lake City, combines an eclectic décor with a creative yet hearty menu featuring innovative fare such as roasted wagyu bone marrow and lamb meatballs with roasted eggplant and yogurt. Prefer a more intimate ambiance? Enjoy Spanish-style small plates at Salt Lake City's beautifully decorated tapas restaurant, Finca, relishing several types of paella and delightful small plates such as baked goat cheese with red pepper jam and candied almonds.

In Park City, diners feast on hand-cut buffalo tartare, pork belly pierogis and lobster pot pie at Riverhorse on Main, one of more than a hundred restaurants and bars in this small mountain town. Travellers to Southern Utah's popular St. George region enjoy panoramic views of the St. George Valley while dining at the Cliffside Restaurant, where menu items such as flatiron asado and chili-glazed salmon have earned it the title of Best New Restaurant in Southern Utah.

When visiting the stunning landscape of Grand Staircase-Escalante National Monument in Southern Utah, stop by Hell's Backbone Grill in Boulder. The Zagat-rated restaurant earns rave reviews for its fresh, local cuisine, much of it grown on the owners' adjacent organic farm.

O T S



SHOPPING

Salt Lake City's newest shopping destination is City Creek Center. With more than a hundred brand-name retailers and restaurants, a retractable glass roof and a creek that meanders through the property, City Creek reflects Utah's distinctive combination of urban sophistication and natural beauty.

To visit Utah's largest shopping mall, travel to Sandy, where the Shops at South Town offer more than a million square feet of shopping and dining options as well as an indoor carousel. For a more intimate shopping experience, stroll down Park City's picturesque Main Street featuring more than a hundred stores and boutiques.

Bargain shoppers looking for name brands can find outlet malls as part of their metropolitan experience on the Wasatch Front at Traverse Mountain in Lehi, at the high elevation of Park City's Tanger Outlets or near Zion National Park in St. George.





CULTURE

Even if you're visiting for the unforgettable Utah landscapes, don't let the endless outdoor scenery dominate all your time. Add high culture to your adventure with Utah's thriving arts and cultural community, which stages a year-round calendar of events.

Salt Lake City in particular offers a full complement of arts and cultural offerings. Attend a performance by the Utah Symphony or the Utah Opera. Catch a Broadway show or concert at downtown's new Eccles Theater. Marvel at the grace and artistry of the dancers at Ballet West. Enjoy a summertime concert while picnicking at picturesque Red Butte Gardens. Or attend one of the city's many annual festivals, including the Utah Arts Festival in June, the International Jazz Festival in July or the Craft Lake City DIY Festival in August. Salt Lake City is also home to top-notch museums, including the Utah Museum of Fine Arts; the fascinating blend of science, technology and art at The Leonardo; the Utah Museum of Contemporary Art; and the visually stunning Natural History Museum of Utah at the Rio Tinto Center.

Classical theatre fans will want to visit Cedar City, home of the celebrated Utah Shakespeare Festival. Located on the campus of Southern Utah University, this Tony Award-winning professional theatre company presents plays from Shakespeare and other authors each June until October in four state-of-the-art theatres. Park City, meanwhile, brings the Utah Symphony and Utah Opera to the cool mountain air for the annual Beethoven Festival and the Deer Valley Music Festival.

Travellers taking the scenic route from Salt Lake City to Yellowstone will enjoy stopping in Logan for the Utah Festival Opera and Theatre, a five-week summer festival with more than a hundred events.









and snowboarding holiday. With first-class ski resorts, Olympic-calibre facilities and more than 500 inches (12.7 m) of light, dry powder each year, Utah is a don'tmiss destination for winter sports enthusiasts.

Best of all, ten of Utah's 14 ski resorts are located less than an hour from Salt Lake City International Airport, allowing travellers more time to hit the slopes and to do it all. In Utah, Mountain $Time^{TM}$ is more than a time zone, it is a complete travel package: Ski or ride your choice of hundreds of downhill runs spread across thousands of acres. Go snowmobiling across miles of awe-inspiring

Oval. Experience world-class cross-country skiing at Soldier Hollow, the Nordic skiing venue for the 2002 Winter Olympics and home to the longest snow tubing lanes in Utah. Then enjoy the scenery en route to Utah's four scenic destination resorts: Northern Utah's Cherry Peak and Beaver Mountain, or Southern Utah's Eagle Point and Brian Head resorts.

When it comes to choosing a Utah ski resort, there's no wrong answer. Discover some of Utah's top ski destinations on the following pages, or view all resorts and ski planning tools at www.visitutah.com/mountain-time



SALT LAKE CITY

America's Ski City offers easy access to numerous world-famous winter resort destinations. From Snowbird Ski and Summer Resort and Alta Ski Area in Little Cottonwood Canyon to Brighton Resort and Solitude Mountain Resort in Big Cottonwood Canyon, Salt Lake City-area resorts offer top-quality ski and snowboard runs, on-mountain amenities and lodgings that range from rustic to luxurious. With such close proximity to a thriving urban centre, it's easy for visitors to spend a full day on the mountain and be back in the city for dinner, drinks and the theatre that evening.



PARK CITY

With its picturesque Historic Main Street and Olympic sports facilities, this internationally known ski town artfully combines small-town America with cosmopolitan amenities. Together, Park City Mountain and Deer Valley Resort have more than 7,300 skiable acres (2,900 ha) and endless lodgings, from luxury hotels to slope-side condos. There are additional hotels for all budgets throughout Park City and the nearby Heber Valley, all of which also offer easy access to Utah Olympic Park and Soldier Hollow's Nordic ski facilities.





THE PERFECT MOUNTAIN DESTINATION FOR EVERY SEASON.

Located 35 minutes from Salt Lake City International Airport, Park City, Utah's ease of access coupled with its limitless beauty and year-round adventure make it a one-of-a-kind mountain destination. Its two resorts — Deer Valley and Park City Mountain — offer a combined 3,700 skiable hectares during the winter season, and near-endless outdoor recreation in the summer and fall months. Enjoy more than 700 kilometers of free trails by bike or by foot, cool off while fly-fishing in a nearby river, shop at independently-owned boutiques and galleries that line Historic Main Street, or explore the town's diverse culinary scene.



visitparkcity.com

OGDEN

This historic and lively outdoors town is the gateway to some of the best slopes in Utah. The scenic Ogden Valley is home to premier ski destinations Powder Mountain, Nordic Valley and Snowbasin Resort. Known for high-alpine bowls and tasteful lodges and cuisine, Snowbasin Resort was the site of the men's and women's downhill runs for the 2002 Olympics. Nordic Valley is a great resort for both beginner and intermediate skiers, while Powder Mountain boasts the most skiable acreage of any resort in the United States. The area is also great for backcountry exploration, tubing and snowshoeing.



LOGAN

The vibrant college town of Logan makes an ideal base camp for Utah's two northernmost ski resorts: Beaver Mountain and Cherry Peak. One of America's finest small ski resorts, Beaver Mountain has thrilled skiers for more than 75 years. With 828 acres (335 ha) of mountain terrain, terrific night-time skiing, two terrain parks and ski runs that stretch for more than 2 miles (3.2 km), Beaver Mountain is an affordable, familyfriendly option for skiers of all levels.

Cherry Peak is Utah's newest ski area, and already the 400-acre (162 ha) resort is winning fans for its 29 ski trails, three triple chairlifts, a 1.25 mile-long (2-km) run and a terrain park offering tubing, ice skating, night skiing and more.



PROVO

For even more fun on the slopes, make time to visit actor Robert Redford's famed Sundance Resort. Situated at the foot of majestic Mount Timpanogos, Sundance offers more than 450 acres (182 ha) of expertly groomed slopes and 42 runs for both experts and novice skiers alike. When you're ready to come off the slopes, stop by the Owl Bar, which now houses the original 1890s Rosewood Bar that was once frequented by outlaw Butch Cassidy's Hole in the Wall Gang.



OFF THE SLOPES

Skiing is just the beginning. Crave more Mountain Time™? Utah is the place to experience The Greatest Snow on Earth® both on and off the slopes. Whether your perfect winter holiday involves a skyhigh adrenaline rush or laid-back relaxation, Utah's got it.

Take off on a snowmobile ride through the red rock hoodoos of Cedar Breaks National Monument. Experience kite snowboarding along Skyline Drive in Sanpete County. Go ice fishing in the Uinta Mountains before relaxing in front of a fire in a trailside yurt. Take a tubing trip down Utah's longest tubing lanes at Soldier Hollow near Park City. Or hold on tight as you jump on board the Comet bobsled for a heart-stopping ride down the 2002 Olympic track at the Utah Olympic Park. For a more serene winter escape, experience Utah's frozen terrain from the comfort of a heated snowcat adventure tour, or snowshoe by moonlight to a fourcourse dinner.



Bryce Canyon National Park

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Utah's Mighty 5® national parks are transformed in the wintertime, offering a rare opportunity to experience breathtaking vistas amid peaceful solitude. Hike the trails of Arches National Park to see the snow-dusted Delicate Arch. Enjoy a guided moonlight snowshoe adventure through Bryce Canyon or the vast panoramas of Canyonlands. View the snow-capped Navajo sandstone formations and ancient petroglyphs of Capitol Reef. Or hire a guide, don a rubber "drysuit" and wade into the Virgin River in The Narrows of Zion National Park.

While visiting Southern Utah's national parks, save time for world-class skiing at nearby resorts: Brian Head Ski Resort and Eagle Point Resort. Located three hours north of Las Vegas, Brian Head offers the luxury amenities and plentiful lodging and dining options travellers expect from a world-class resort area. Eagle Point, meanwhile, attracts skiers who crave the rustic and comfortable feel of a remote mountain village with knee-deep powder, big snow days and little competition for the 450 inches of average annual snowfall.





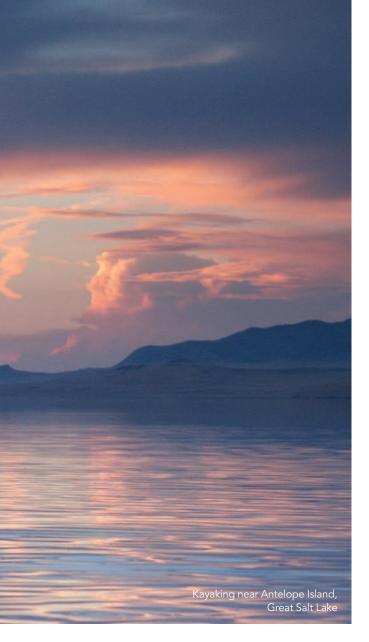
RECREATION A



This is the place to get outside and experience life in the new American West. With five national parks, 43 state parks, seven national monuments, two national recreation areas and The Greatest Snow on Earth®, Utah is one big playground for travellers seeking year-round outdoor adventure. Cast a line. Hit the slopes. Rappel down a sandstone canyon. Bike across unforgettable terrain. Or simply stand back and admire the view.







HIKING

From family-friendly trails to more challenging climbs, Utah is made for hiking. The Mighty 5® national parks offer countless trails through the region's iconic red rock landscape. Multiple national monuments, national recreation areas, national forests and state parks also blanket Southern Utah, providing ample hiking opportunities outside of The Mighty 5[®]. For diverse high-elevation views, hike through miles of lush wilderness with alpine meadows and lakes in the Uinta-Wasatch-Cache National Forest, or summit Mount Raymond to enjoy 360-degree views of Big Cottonwood Canyon, home to both Brighton Resort and Solitude Mountain Resort.

MOUNTAIN BIKING

For mountain bikers, all trails lead to Utah. The challenging climbs and descents of the slickrock trails helped put Moab on the map. But Moab is just the beginning. Travellers to Bryce Canyon and Zion national parks should plan to visit nearby Thunder Mountain and Gooseberry Mesa. For a mountaintop biking adventure, head to Park City - America's only International Mountain Bicycling Association-Certified Gold Level mountain biking city – or travel the single-track Wasatch Crest Trail near Salt Lake City and the many sections of the Bonneville Shoreline Trail in Salt Lake City and Ogden.

WATER SPORTS

Though famous for its scenic desert vistas, Utah also ranks among the top 10 in the United States for surface area of boatable waters. The state's rivers, lakes and reservoirs offer world-class water recreation. Rent a houseboat and cruise the Lake Powell oasis. Go fly fishing in the Green River. Swim, sail and waterski the turquoise waters of Bear Lake. Or take a heart-pounding whitewater rafting trip down the Colorado River through Cataract Canyon.

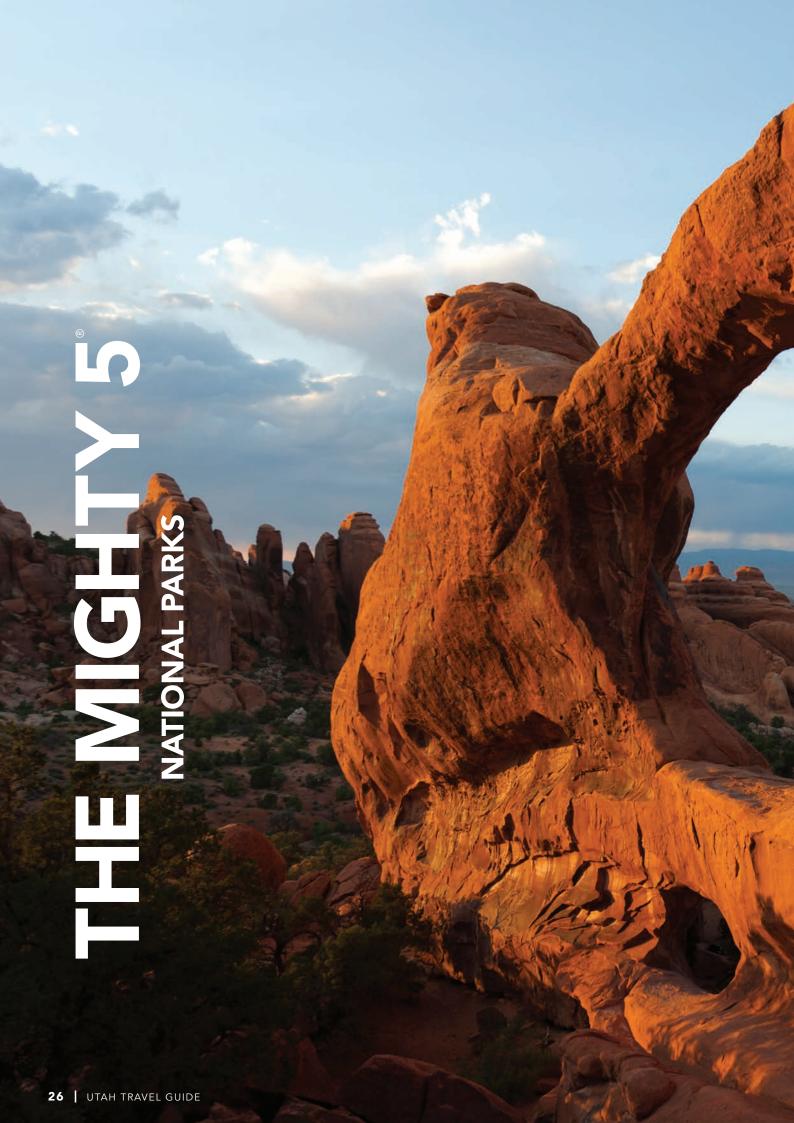
CANYONEERING

It's hard to imagine a place better suited for canyoneering than Utah. From the deep canyons of The Mighty 5® to the desert slots of the Grand Staircase-Escalante National Monument, the state is tailormade for both serious canyoneers and guide-accompanied novices alike. Utah has the highest concentration of slot canyons in the world, which means explorers can never run out of incredible desert terrain. Canyoneering is a serious endeavour and often highly technical, but local guides and outfitters can lead you down a trail that's perfect for your level of adventure.

UNSURPASSED NIGHT SKIES

Utah is an astrophotography and stargazing mecca. Of the 50 accredited or in-process International Dark Sky Parks and Communities constituting the greatest concentration of the finest dark skies in the developed world (called The Great Western Starry Way), fully half are in Utah. Thanks to Utah's beautiful and vast landscapes, much of the state ranks very low in light pollution, allowing visitors to see the Milky Way and more than 7,500 stars on a clear night, whether in Central or Southern Utah or near Salt Lake City. Many of Utah's state and national parks and monuments also feature night sky and astronomy programs, with guided ranger hikes that are fun for all ages. Learn more at www.visitutah.com/darkskies









Few sights surpass the beauty and brilliance of the sun rising over the orange sandstone arches that give this park its name. With more than 2,000 natural geological arches and countless pillars, plateaux and towers, Arches offers outdoor recreation in an almost otherworldly environment. Hike the trails to get a close-up look at famous and colourfully named rock formations such as Dark Angel, The Three Gossips, The Organ and Elephant Butte. Be sure to make time for the iconic Delicate Arch framing the majestic La Sal Mountains and the impossibly thin Landscape Arch - at roughly 295 feet (90 m), it's the park's longest arch and a top-five span in the world.







DON'T MISS:

Delicate Arch

No trip to Arches would be complete without a visit to the park's most famous formation. The 2.5-hour moderately strenuous hike culminates at this iconic landmark.

Windows Primitive Loop

View three impressive arches on this family-friendly 1-mile (1.6 km) hike.

Interpretive Tours

Park rangers and volunteers offer a variety of interpretive programmes every day, spring through fall. Stop by the visitor centre for more information.

TRAVEL TIPS:

Where to Stay: The laid-back desert town of Moab is a great base for your Arches adventure, offering lots of options for lodging, dining and recreation. After exploring the park, enjoy local cuisine then relax and unwind at area resorts such as Sorrel River Ranch and Spa or Red Cliffs Lodge.

Best Time: For truly spectacular views, visit Arches at sunrise and sunset, when the park is less crowded and the sun's rays dance across the vermilion-coloured terrain.

Climate: While Arches enjoys moderate temperatures in the spring and autumn, summer temperatures can soar past 100° F (37° C). In winter, the park's icy trails are best navigated with the aid of poles and shoe spikes. Whenever you visit, be sure to pack plenty of water and sunscreen on your outdoor adventures.

WHAT'S NEARBY: THE ROAD TO MIGHTY®

Explore the Moab area's rolling red rock on the area's scenic byways, including the southern section of the Dinosaur Diamond Prehistoric Highway National Scenic Byway, (state Route 128 and Highway 191), the Potash-Lower Colorado River Scenic Byway (state Route 279) and the Dead Horse Mesa Scenic Byway (state Route 313).

For off-road adventure, hit the 9,000-acre (3,642 ha) Sand Flats for mountain biking and 40 miles (64 km) of Jeep trails. Or try the 9.6-mile (15.4-km) round-trip trail at Klondike Bluffs for a less strenuous adventure.

The Intrepid Trail System at nearby Dead Horse Point State Park offers recreation for mountain bikers of all levels.



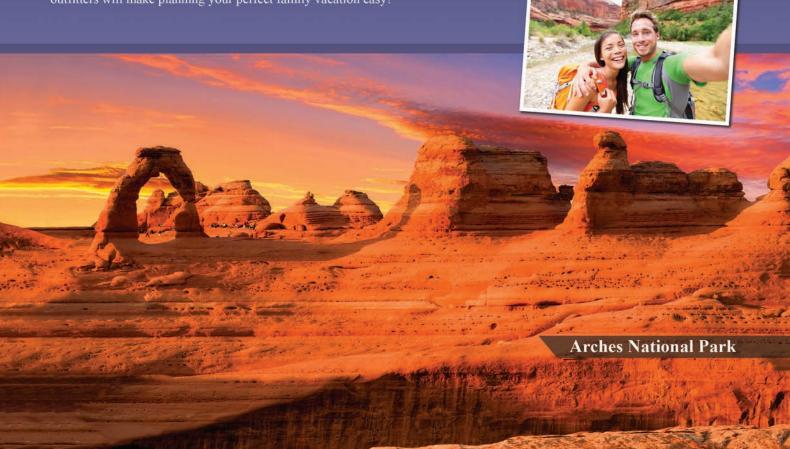
Two National Parks... ...One Extraordinary Destination!

Visit the only Utah destination where you can experience two of **The Mighty 5**® National Parks from one convenient location. Visitors from around the world come to the town of Moab to experience sunrise over the towering depths of Canyonlands National Park and then follow it up with sunset in the otherworldly red rock landscape of Arches National Park. Moab's year-round access to thousands of square miles of amazing red rock landscapes, along with the cool waters of the Colorado River, has made it one of the most sought-after outdoor recreation destinations in the American Southwest. While you explore the area's unique scenery be sure to take some time to relax and experience the small town hospitality of Moab. Our great selection of lodging, restaurants, guides and outfitters will make planning your perfect family vacation easy!



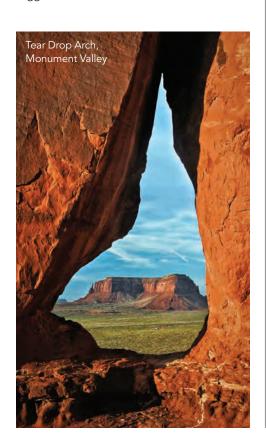
Put yourself in the picture and start planning your visit today!

discovermoab.com





Located less than four hours from Salt Lake City, Moab provides easy access to Arches and Canyonlands national parks as well as Dead Horse Point State Park. From there, it's another 150 miles (241 km) to Monument Valley or 112 miles (180 km) to Natural Bridges. See www.visitutah.com/road-to-mighty for suggested itineraries.



Dead Horse Point State Park

Go mountain biking or reserve a yurt alongside views that rival the Grand Canyon. Stop by the visitor centre and art gallery for an informative introduction to the park's geology and key features and for the schedule of evening dark sky events, including night hikes, telescope programmes and constellation tours at Utah's first state park to achieve IDA International Dark Sky Park certification. www.visitutah.com/dead-horse-point

Valley of the Gods and Cedar Mesa

View the towering mesas, buttes and cliffs while driving along the 17-mile (27-km) gravel road in Valley of the Gods, or enjoy the archaeology while on a rugged, backcountry adventure through nearby Cedar Mesa. www.visitutah.com/cedar-mesa

Natural Bridges National Monument

Discover three majestic bridges carved by water and time, then stay late for a star show beneath the expansive sky that made Natural Bridges the first IDA-certified International Dark Sky Park in the world due to its remote location and dedication to zero light pollution.

www.visitutah.com/natural-bridges

Monument Valley Navajo Tribal Park

Experience the iconic landscape seen countless times in classic Hollywood Westerns. Tour this deeply spiritual place with your Navajo guide, remembering to respect tribal customs on your journey.

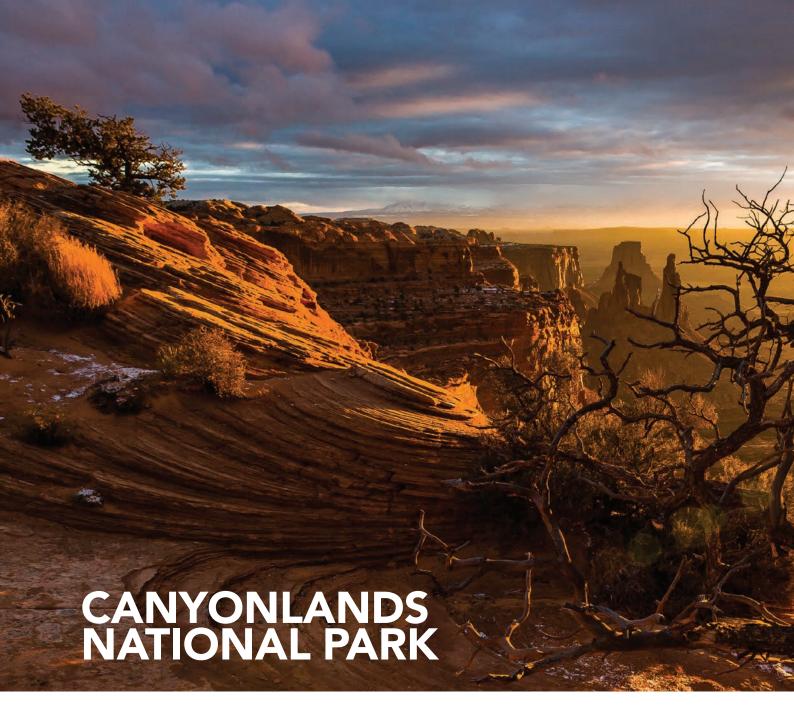
www.visitutah.com/monument-valley

Manti-La Sal National Forest

Camp, hike, fish, hunt or climb in these mountain ranges that offer a picturesque backdrop for nearby state and national parks. www.visitutah.com/mantilasal

Hovenweep National Monument

Explore the ancient ruins of Hovenweep's six prehistoric villages built in the 13th century by Ancestral Puebloans amid a landscape of sage and juniper. This gold-tier IDA-certified International Dark Sky Park is is off the beaten path but worth the journey. www.visitutah.com/hovenweep



Utah's largest national park offers more than 500 square miles (1,295 sq km) of awe-inspiring pinnacles, spires, buttes and mesas stretching as far as the eye can see. The Colorado and Green rivers divide Canyonlands into four districts – Island in the Sky, The Needles, The Maze and the rivers themselves – each with its own distinct character.

Take a four-wheel drive tour along the White Rim Road and enjoy panoramic views from Island in the Sky, a massive mesa resting atop sandstone cliffs that tower a thousand feet (305 m) above the surrounding landscape. View the pinnacles and spires of The Needles on a backcountry adventure. Take a leisurely flat-water trip down the Green or Colorado rivers, or hold on tight for a heart-pounding whitewater rafting trip through Cataract Canyon. And the adventure and majesty continues after dark. Canyonlands National Park is a gold-tier IDA-certified International Dark SkyPark, making it a dreamscape for stargazing and astrophotography.







DON'T MISS:

Mesa Arch

Enjoy an early-morning hike to view the sunrise over one of the most photographed landmarks in the American West.

White Rim Road

White Rim Road is more than a road. This stretch boasts a popular 100-mile (161-km) mountain biking trail through Canyonlands that is best attempted while on a threeor four-day camping trip with an accompanying support vehicle.

The Needles

Tour the colourful Cedar Mesa sandstone spires that give this region its name. Hike or take a four-wheel drive vehicle to see such features as Elephant Hill, Confluence Overlook and Tower Ruin. There are easy trails such as Cave Springs and Slickrock, or strenuous day hike or overnight (with permit) options.

TRAVEL TIPS:

Where to Stay: Moab and Monticello are convenient launching points for trips to Canyonlands' Needles and Island in the Sky districts. The Needles (Squaw Flat) Campground is a great base camp for backcountry hikers.

Best Time: Spring and autumn are popular times to visit Canyonlands, as the temperatures climb in the summer months. While the Island in the Sky district is the park's most-visited destination, visitors will find that most trailheads are rarely crowded.

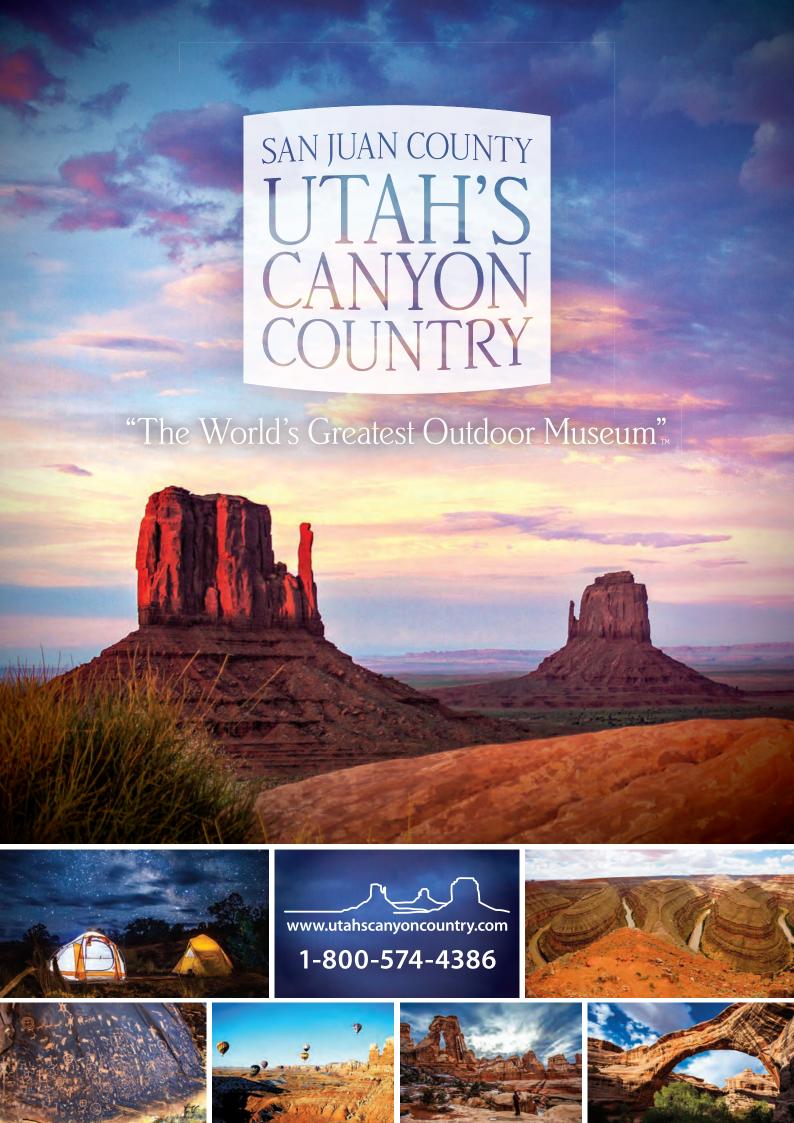
Climate: Like nearby Arches National Park, warm summer temperatures make it wise to visit the park in the cooler morning and evening hours. Be prepared for late summer's monsoon season, when afternoon thunderstorms can trigger flash floods. Check with visitor centre staff for current conditions and always carry in extra water to Canyonlands.

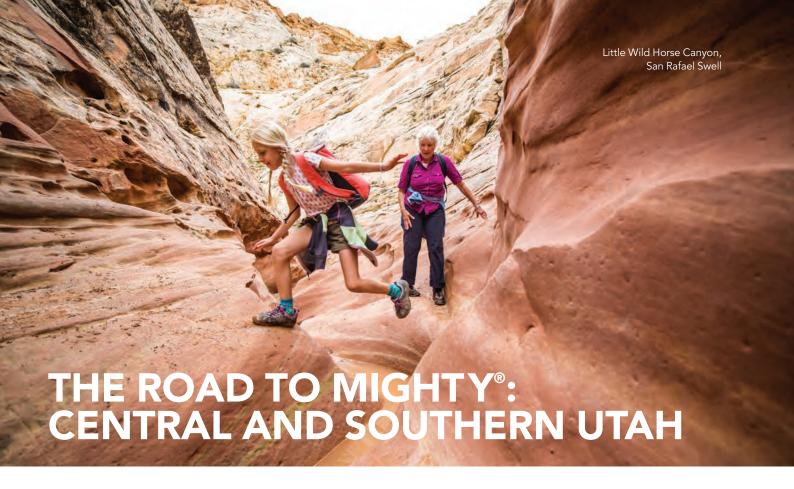
WHAT'S NEARBY: THE ROAD TO MIGHTY®

Explore Natural Bridges and Hovenweep national monuments, Edge of the Cedars and Goosenecks state parks, and the iconic Monument Valley Navajo Tribal Park.

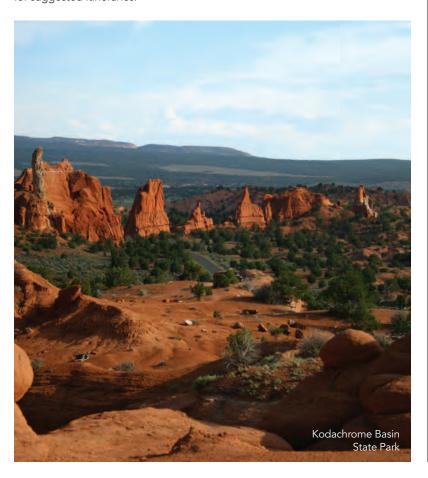
Admire the views from Indian Creek Corridor Scenic Byway to the Needles District and the Trail of the Ancients National Scenic Byway. Lodging options are available in Blanding, Bluff, Mexican Hat and Monument Valley.

Marvel at the abundant cliff dwellings and ruins in the Four Corners region of southeastern Utah. Remember to "Respect and Protect" when visiting these culturally significant sites.





Capitol Reef country is approximately 3.5 hours from Salt Lake City and 120 miles (193 km) from Moab. All-American Road: Scenic Byway 12 travels 124 miles (200 km) through some of Utah's most scenic lands, connecting Capitol Reef to Bryce Canyon and Southwestern Utah. Be sure to book lodging or campsites well in advance. See www.visitutah.com/road-to-mighty for suggested itineraries.



San Rafael Swell

Begin your exploration of the northern swell at the Wedge Overlook, known for its incredible mountain biking. Enjoy panoramic views of the Little Grand Canyon before hiking and camping amid the petroglyphs in the Buckhorn Wash. Roads are unpaved.

www.visitutah.com/san-rafael

Grand Staircase-Escalante National Monument

Experience 1.8 million acres (728,400 ha) of outdoor adventure beneath starry night skies. View the canyons, slickrock and other geologic wonders while hiking, mountain biking or camping. Visitor centres are located at Big Water, Kanab, Escalante and Cannonville. www.visitutah.com/gsenm

Kodachrome Basin State Park

Originally known as Chimney Rock because of its 67 monolithic stone spires, this state park and its scenic, multicoloured landscape earned the nickname Kodachrome from the popular Kodak film. Today, visitors enjoy camping and hiking amid 2,240 acres (906 ha) of geologic wonder. www.visitutah.com/kodachrome

Goblin Valley State Park

Marvel at the sandstone landscape that makes Goblin Valley a must-see. Bring the family and enjoy hiking, camping and biking as you explore the surrounding canyons and all their geological whimsy. At night, stay up and experience the Milky Way in this IDA-certified International Dark Sky Park.

www.visitutah.com/goblin-valley



Capitol Reef takes its name from the white, dome-shaped peaks that reminded early pioneers of the U.S. Capitol building. With some of the most visually dazzling geological formations in the West, this park is the place to hike, backpack, camp and even road cycle amid brilliantly coloured rock formations. The backbone of the park is the 100-mile-long (161 km) Waterpocket Fold. View the towering reef's striped layers of white, pink and red sandstone, then embark on a short hike to Hickman Bridge or a scenic backway drive to Cathedral Valley, if conditions permit. Leave time to explore both Native American and pioneer culture: Examine Fremont Indian petroglyphs, then visit the historic Fruita settlement and Gifford Homestead, enjoying fresh fruit from the orchards that give the area its name. Once you're there, stay up for night skies in a land like no other at this IDA-certified International Dark Sky Park.





DON'T MISS:

Capitol Reef Country Scenic Byway

Moenkopi Formation, Grand Wash and Cassidy Arch – named after outlaw Butch Cassidy – are just a few of the sights to see on this 8.2-mile (13.1-km) paved road through Capitol Reef's geological wonders along state Route 24.

Fruita Orchard and Gifford Homestead

Pick fruit in season and enjoy fresh-baked fruit pies at this historic homestead.

Hickman Bridge

Take in sweeping canyon views on the moderately strenuous hike to see this 133-foot long (40.5-m) natural bridge.

TRAVEL TIPS:

Where to Stay: Cabins, campgrounds, motels and bed and breakfasts abound in the towns surrounding Capitol Reef. While Torrey is considered the gateway to the park, the nearby towns of Hanksville, Fremont and Loa also offer lodging options. Prefer to camp in the park? Campgrounds are available on a first-come, first-served basis.

Best Time: Capitol Reef's visitor centre and campgrounds are open year-round. Hikes are best begun early in the day before the desert temperatures start to soar.

Climate: Summer temperatures in the park's desert regions range in the 70-80s° F (20-30s° C), with nighttime temperatures dipping down to the 40s° F (5° C). From November to March, temperatures rarely surpass 50° F (10° C) during the day and freezing temperatures overnight, but the solitude and snow-capped vistas make for a memorable wintertime visit.

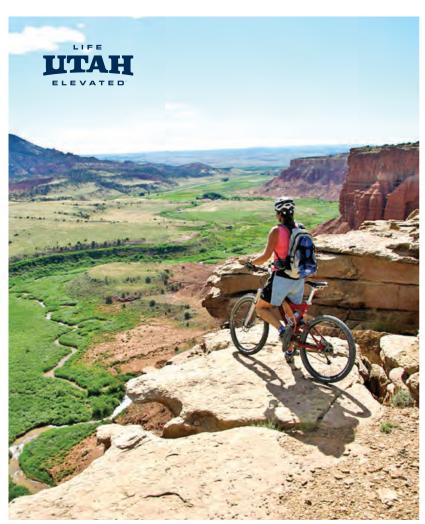
WHAT'S NEARBY: THE ROAD TO MIGHTY®

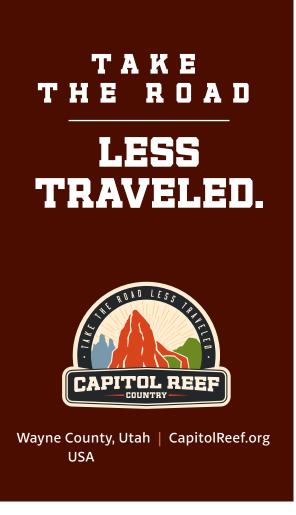
San Rafael Swell, a stunning, massive geologic upheaval, is home to Little Wild Horse Canyon, Goblin Valley State Park, the Wedge Overlook and Buckhorn Wash. Many roads are unpaved.

For innovative cuisine, visit local favourite Café Diablo in eclectic Torrey, or the James Beard Award finalist Hell's Backbone Grill in Boulder.

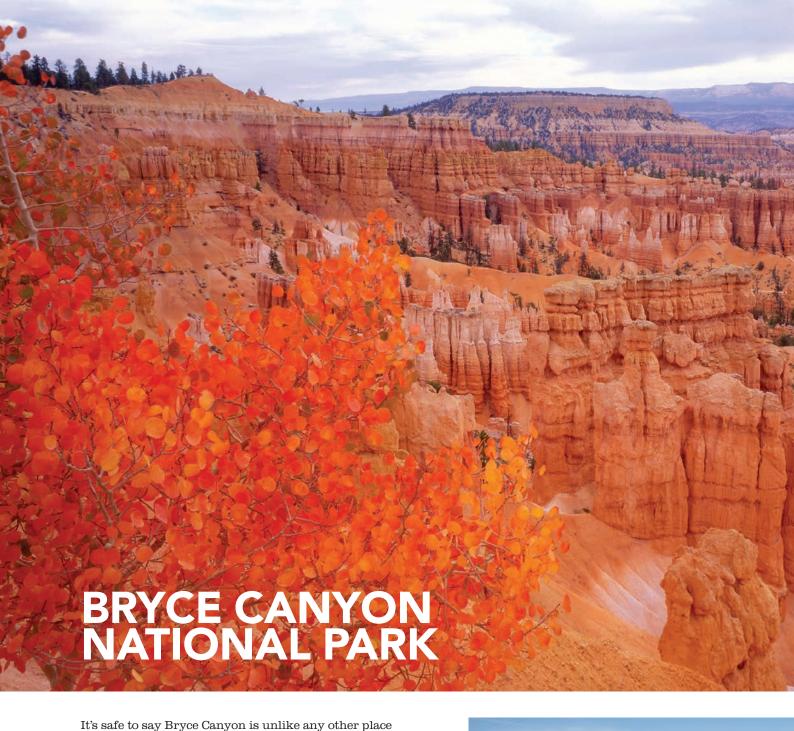
Down state Route 12, check out the popular 6-mile (9.6-km) round-trip hike at Lower Calf Creek Falls, or enjoy more rugged adventure near Escalante.



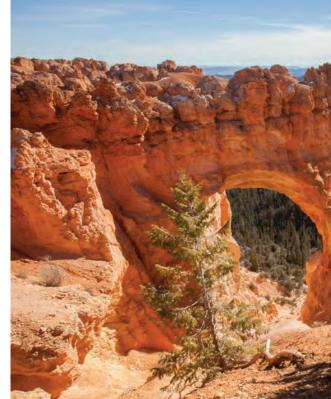








on earth. Where else can visitors find forested plateaux interspersed with a striking desert landscape punctuated by thousands of crimson spires and pillars known as hoodoos? To experience the full effect of these hoodoos – some of which tower ten storeys high - descend from the rim down into the canyon. A convenient shuttle system transports visitors to many of the park's most scenic vantage points, or set out on a day hike on one of the canyon's popular trails. For a more rugged adventure, get a permit and set out on the Underthe-Rim Trail for a 23-mile journey (37 km) from Bryce Point to Rainbow Point. Prefer a more romantic stroll? The park offers guided moonlight hikes when the moon is full. Or see the canyon the way the first pioneers did: from the back of a horse on a wrangler-led canyon trail ride.







DON'T MISS:

Navajo Trail Loop

Descend 800 feet (244 m) from Sunset Point on this popular trail through the canyon's Wall Street and Silent City sections before making the return climb up the side of the amphitheatre.

Night Sky Program

A sanctuary of natural darkness, Bryce Canyon is perfect for stargazing. Enjoy a ranger-led multimedia show, then view the stars through telescopes (check the visitor centre for dates and times). Fans of astronomy can see all of Utah's certified International Dark Sky Parks at www.visitutah.com.

Fairyland Loop Hike

Follow this 8-mile trail (12.9 km) for a strenuous hike from Fairyland Point down into the brightly coloured canyons featuring hoodoos, spires and labyrinths.

TRAVEL TIPS:

Where to Stay: Nearby towns such as Bryce Canyon City, Panguitch and Tropic offer a range of accommodations. Enjoy panoramic canyon views at the Stone Canyon Inn or stay close to the rim at The Lodge at Bryce Canyon. Open April to November, the lodge is a National Historic Landmark and the only lodging located within the park.

Best Time: Visit the park at sunrise and sunset, when the sun's rays ignite the red-rock landscape. The park's high elevation makes Bryce Canyon cooler than other parks, ensuring that summertime is an especially popular time to visit.

Climate: Bryce Canyon's temperatures typically peak in the low $80s^{\circ}$ F (29° C) in summer, when monsoon patterns can bring afternoon thunderstorms. From November to March, daytime temperatures peak in the 30s° to 40s° F (0° to 5° C), and dip below freezing at night.

WHAT'S NEARBY: THE ROAD TO MIGHTY®

Hike and mountain bike in Red Canyon, horseback ride in Kodachrome Basin State Park, or explore the Grand Staircase in a high-clearance vehicle.

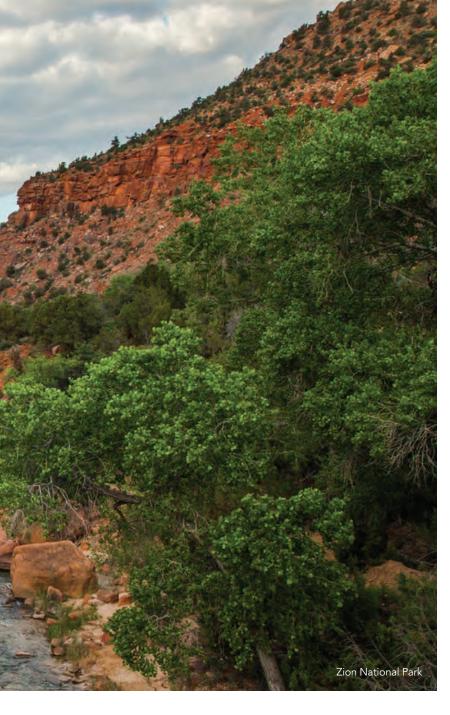
Explore Brian Head Resort and Cedar Breaks National Monument. Located at 10,000 feet (3,048 m), this area offers a high-elevation red rock experience, replete with ancient trees and hiking trails. Take the opportunity to explore the network of nearby scenic byways, including Utah's Patchwork Parkway National Scenic Byway (state Route 143), the Cedar Breaks Scenic Byway (state Route 148) and the Markagunt High Plateau Scenic Byway (state Route 14).

Enjoy the arts and cultural offerings of Cedar City, a vibrant college town with Tony Award-winning Shakespeare performances, great local dining and excellent proximity to national parks and monuments.



With towering sandstone cliffs, lush wilderness, picturesque waterfalls and narrow slot canyons, Utah's first national park is the place to reconnect with nature. To get oriented, hop aboard the park's free shuttle system - the only motorised transportation allowed in the main canyon during the peak season. From the comfort of the shuttle, view Weeping Rock, The Great White Throne, Angels Landing and other famous landmarks. Then set out on foot. View breathtaking waterfalls along the Emerald Pools trail, go on a guided canyoneering adventure through The Subway or wade into the Virgin River to hike The Narrows, where canyon walls soar to 1,000 feet (305 m). Spend the night under starry skies in one of Zion's three campgrounds, surrounded by natural splendour.







DON'T MISS:

Hidden Canyon

This intriguing and strenuous hike leads into a beautiful secluded "hanging" canyon, and features a scramble up a trail-less wash between towering walls of sandstone.

Riverside Walk

Prefer something less strenuous? Take a stroll along the paved pathway by the Virgin River to the stunning mouth of Zion's iconic slot canyon.

The Watchman

This out-and-back hike passes overhanging cliffs and stratified rock layers as it leads into the foothills below The Watchman and Bridge Mountain.

TRAVEL TIPS:

Where to Stay: Springdale is considered the primary gateway to Zion, though numerous lodging options are also available in St. George, Virgin and Rockville. Camp in one of Zion's three campgrounds (reservations are recommended) or relax in style at the nearby Green Valley Spa or Red Mountain Resort.

Best Time: Visitors planning to hike The Narrows will enjoy warmer water temperatures in the late spring and summer.

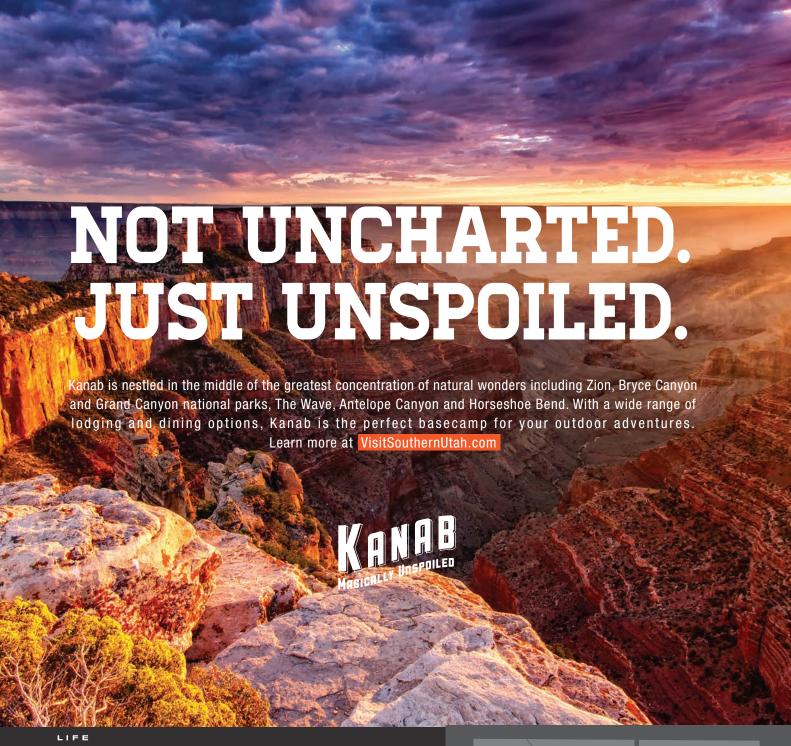
Climate: From May to October, temperatures can reach up to 100° F (38° C), with evening highs dropping to the 70s° F (21° C). Staying hydrated is a must during these months, especially on strenuous hikes. Spring, autumn and winter offer cooler temperatures.

WHAT'S NEARBY: THE ROAD TO MIGHTY®

Enjoy warm-water boating and angling or off-highway vehicle travel at nearby Quail Creek, Sand Hollow and Gunlock state parks.

Go off-road with a four-wheeler or give sandboarding a try at Coral Pink Sand Dunes near Kanab – an excellent base camp for exploring the Glen Canyon National Recreation Area's Lake Powell, Rainbow Bridge, Zion and the North Rim of the Grand Canyon.

Stroll the conservation trails at Red Cliffs Desert Reserve.

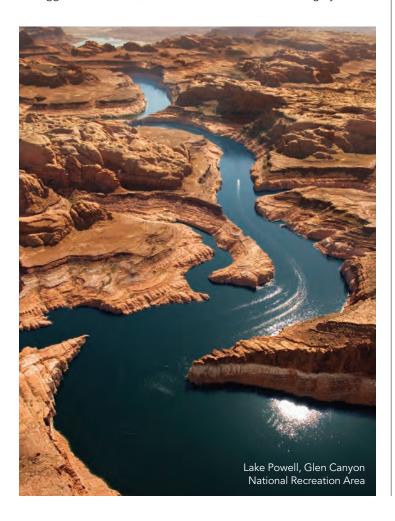


UTAH	DISTANCE FROM KANAB
ZION NATIONAL PARK	40 MILES (64 KM)
BRYCE CANYON NATIONAL PARK	77 MILES (124 KM)
GRAND CANYON NORTH RIM	78 MILES (126 KM)
CORAL PINK SAND DUNES	23 MILES (37 KM)
GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT	15 MILES (24 KM)
LAKE POWELL/GLEN CANYON REC AREA	73 MILES (117 KM)
THE WAVE/VERMILION CLIFFS	75 MILES (120 KM)
SALT LAKE CITY AIRPORT	317 MILES (510 KM)
LAS VEGAS AIRPORT	209 MILES (336 KM)
PHOENIX AIRPORT	350 MILES (563 KM)





Zion National Park's main canyon is located 4.5 hours from Salt Lake City and 2.5 hours from Las Vegas. Book accommodations well in advance; for suggested itineraries, see www.visitutah.com/road-to-mighty



Base Camp Kanab

Centrally located among many of America's greatest scenic wonders, Kanab is an ideal base camp for exploring Zion National Park, Grand Staircase-Escalante National Monument and the sandstone bottlenecks of Buckskin Gulch. Allow several days to see it all. www.visitutah.com/see-kanab

Cedar Breaks National Monument

Enjoy a scenic drive at 10,000 feet (3,048 m) through the Dixie National Forest, where a natural amphitheatre of multicoloured limestone strata descends 2,000 feet (610 m) into the plateau. Explore hiking trails and camp under the stars in summer, or enjoy top-class crosscountry skiing in winter.

www.visitutah.com/cedar-breaks

Glen Canyon National Recreation Area

Lake Powell's 2,000 miles (3,219 km) of shoreline surround the second-largest reservoir in America. The lake is only a portion of the 1.2 million-acre (485,623 ha) Glen Canyon playground, which is popular with houseboaters, kayakers, bass anglers and photographers. www.visitutah.com/glen-canyon-lake-powell

Quail Creek State Park

Fish for rainbow trout and bass year-round at this state park boasting some of the warmest waters in the state. www.visitutah.com/quail-creek

Coral Pink Sand Dunes State Park

The only major sand dune field on the Colorado Plateau, this park's 3,730 acres (1,509 ha) and more than 2,000 acres (809 ha) of sand are popular with off-highway vehicle (OHV) enthusiasts, hikers and sand boarders. www.visitutah.com/coral-pink



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SAMPLE OF PAST SHOWS









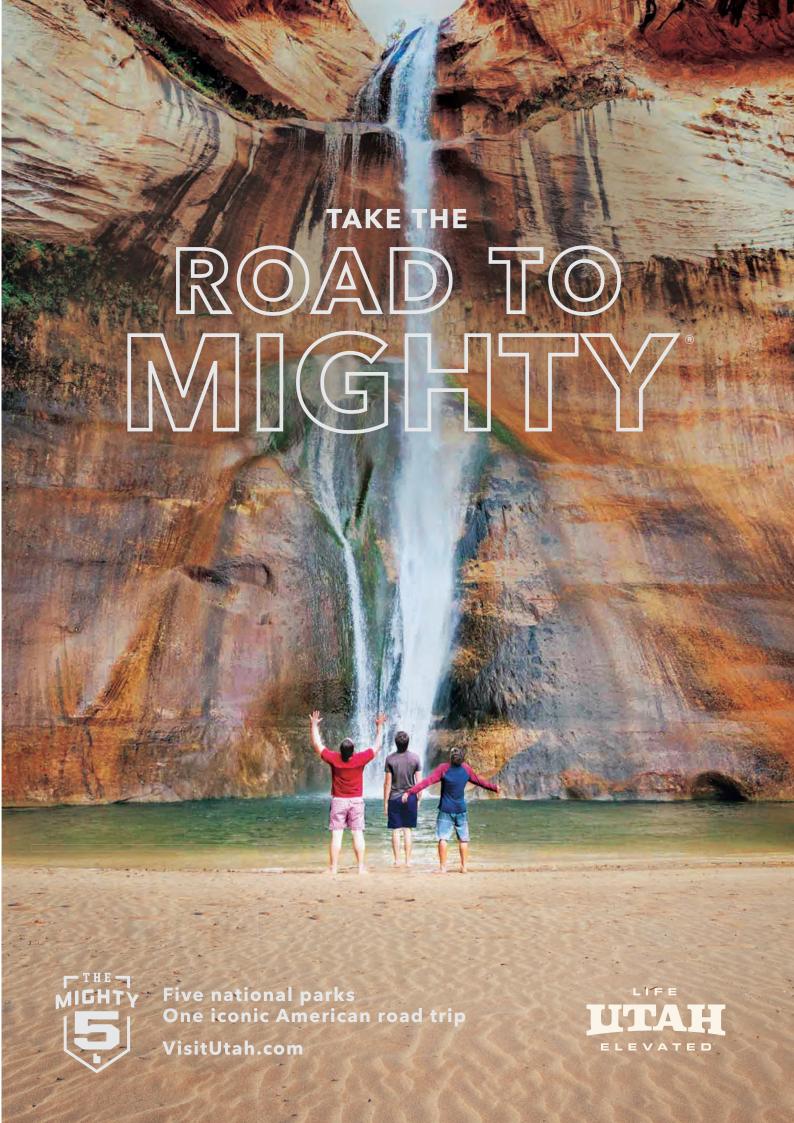




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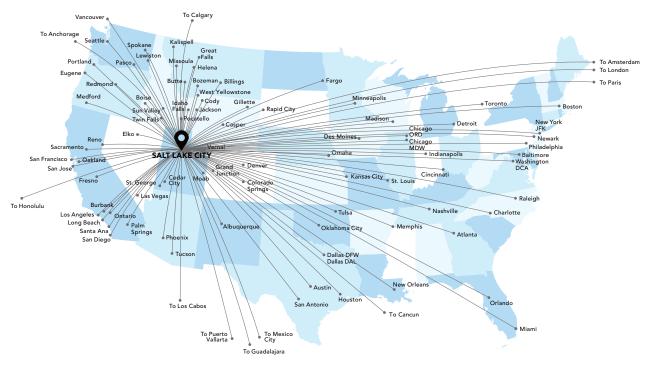
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Restrictions may apply.



T W M T D N N N N N

Salt Lake City International Airport (SLC) serves as the main gateway for international visitors travelling to Utah. Located 8 miles (12.8 km) from downtown Salt Lake City and about an hour from numerous world-class ski resorts, SLC offers 700 daily nonstop flights to and from more than 95 destinations including Paris, London, Amsterdam and select cities in Canada and Mexico. Travellers heading to The Mighty Five® national parks in Southern Utah may also want to consider flying into Las Vegas. The drive from McCarran International Airport (LAS) to St. George, Zion National Park and Kanab ranges from two to three hours.





GETTING AROUND

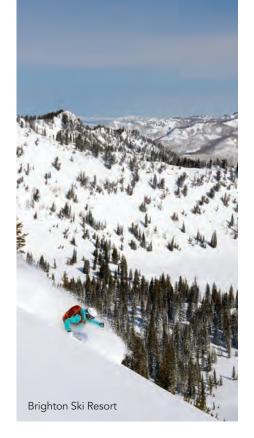
The Utah Transit Authority (UTA) serves the Wasatch Front with regular bus, light rail and commuter rail service. A 20-minute ride on the TRAX light rail transports travellers from the airport to downtown Salt Lake City, while the FrontRunner commuter rail connects the city with Ogden to the north and Provo to the south. UTA ski buses serve all four Salt Lake City resorts along with Sundance Mountain Resort, Park City Mountain and Powder Mountain.

Getting around Utah by car is easy: Interstate 15 runs north to south, intersecting with Interstates 70, 80 and 84. Or venture off the interstate and enjoy spectacular views along one of Utah's national or state scenic byways. More information is available at www.visitutah.com/scenicbyways

Utah is also a convenient launching point for visits to other parts of the United States. Visiting California or Chicago? Salt Lake City is served by Amtrak's California Zephyr, considered by many to be one of the most scenic train routes in the country. Salt Lake City International Airport is also the closest international airport to Yellowstone National Park. A detailed itinerary of the Yellowstone Loop is available at www.visitutah.com/yellowstone and www.yellowstoneloop.com

CLIMATE CHART

	LOGAN	SALT LAKE	PARK CITY	ST. GEORGE	MOAB	BLANDING
January	31/11 F	36/19 F	32/12 F	53/25 F	42/18 F	38/16 F
	-0.3/-12 C	2/-7 C	0/-11 C	12/-4 C	6/-8 C	3/-9 C
February	38/17 F	43/24 F	36/15 F	60/30 F	51/24 F	44/22 F
	3/-8 C	6/-4 C	2/-9 C	16/-1 C	11/-4 C	7/-6 C
March	48/26 F	52/31 F	41/20 F	67/36 F	62-33 F	52/27 F
	9/-3 C	11/-0.6 C	5/-7 C	19/2 C	17/0.5 C	11/-3 C
April	59/33 F	62/38 F	53/28 F	77/43 F	72/41 F	62/34 F
	15/0.6 C	17/3 C	11/-2 C	25/6 C	22/5 C	16/1 C
May	69/41 F	72/43 F	63/36 F	86/51 F	82/48 F	72/42 F
	21/5 C	22/8 C	17/2 C	30/11 C	28/9 C	22/6 C
June	80/48 F	83/54 F	74/44 F	96/56 F	92/56 F	83/50 F
Julie	27/9 C	28/12 C	23/7 C	36/14 C	33/13 C	28/10 C
July	89/54 F	92/62 F	82/50 F	102/66 F	99/63 F	88/57 F
July	32/12 C	32/16 C	26/10 C	37/18 C	36/16 C	30/13 C
August	88/52 F	90/61 F	79/49 F	99/65 F	95/61 F	86/56 F
August	31/11 C	33/16 C	26/9 C	37/18 C	35/16 C	30/13 C
September	77/43 F	79/51 F	70/41 F	93/55 F	87/51 F	78/48 F
September	25/6 C	26/11 C	21/5 C	34/13 C	30/11 C	26/13 C
October	64/33 F	66/40 F	58/32 F	80/43 F	73/39 F	66/38 F
October	18/0.6 C	19/4 C	14/0 C	27/6 C	23/4 C	19/3 C
November	46/24 F	50/29 F	44/22 F	65/32 F	57/28 F	51/26 F
November	8/-4 C	10/-2 C	6/-6 C	18/-0.5 C	14/-2 C	11/-3 C
December	34/15 F	34/22 F	34/15 F	54/26 F	44/20 F	41/19 F
December	1/-9 C	1/-6 C	1/-9 C	12/-4 C	7/-7 C	5/-7 C

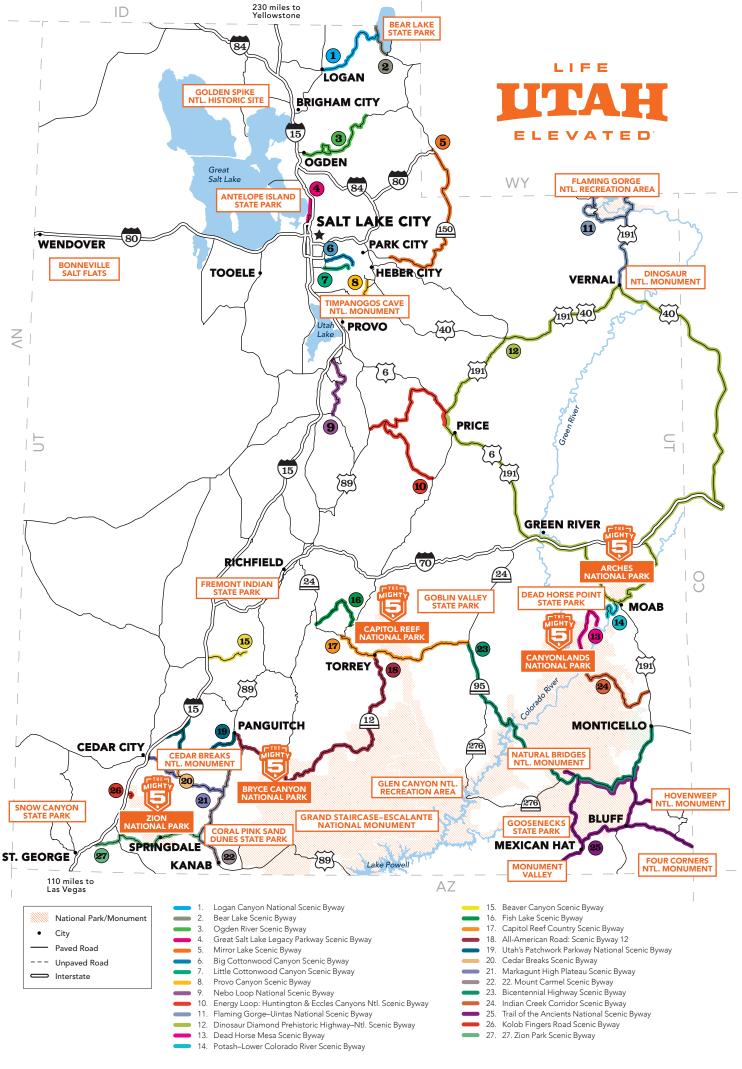


DISTANCE CHART

Arches National Park
Bear Lake State Park
Bryce Canyon National Park
Capitol Reef National Park
Canyonlands National Park Needles District
Cedar Breaks National Monument
Dinosaur National Monument
Escalante
Flaming Gorge National Recreation Area
Grand Canyon National Park South Rim
Kanab
Moab
Monument Valley Navajo Tribal Park
Park City
Salt Lake
St. George
Yellowstone
Zion

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249	573	220		201	162	287	62	316	374	195	156	201	236	235	253	583	202	
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